



What We Did Today:

Cooking Food from the Past for the Present

February 2021

LOOK & LISTEN: We looked at dishes, stoves, and a refrigerator from mid-century

SING: We sang “Hello Friends,” “Cooking Song,” and “Goodbye, Song.”

READ: In the Kitchen: Word Building with Prefixes and Suffixes By Pam Scheunemann

PRETEND: We pretended to be in a 1950’s cooking TV show and made homemade ice cream!

Materials:

- 1-quart zip-close bag
- 1-gallon zip-close bag
- Duct tape

Gloves or hot pads for shaking bag

Ingredients

- 1/4 cup sugar
- 1/2 teaspoon vanilla
- 1 cup milk
- 1 cup whipping cream
- Ice
- 3/4 cup water
- 3/4 cup rock salt (kosher or even table salt will work)

Instructions:

Measure the cream, sugar, and vanilla extract into the quart-size bag. Zip it up tightly.

Fill the gallon-size bag with ice. Add the salt. Put the sealed smaller bag inside. Now zip up the larger bag.

Shake and shake the bags to make ice cream! It will take about 5 minutes until the cream hardens.

Take the smaller bag out of the larger one. Eat the ice cream right out of the bag!

SONG: Hello, Friends

Hello, friends. (x3)

It's time to say hello.

SONG: Cooking in the Kitchen

By Bounce Patrol

https://www.youtube.com/watch?v=qpYD_nCo-AU

Put your apron on, wash your hands

Let's get out some pots and pans

Cups, plates and a wooden spoon

Tap tap tap a little cooking tune

'Cause cookin' in the kitchen is so much fun

We're cookin' dinner for everyone

We're cookin' in the kitchen, baking a cake

So many yummy things we can make

Cook cook cook - cooking in the kitchen

Cook cook cook - cooking in the kitchen

Cook cook cook - cooking in the kitchen

Stir it stir it, mix mix mix

SONG: This is the way we say Goodbye

Tune: Mulberry Bush

This is the we way say goodbye

Say goodbye, say goodbye

This is the way we say goodbye

At Gallery Adventures (x2)

Be on the look out for more



**Adventurers
PROGRAMS!**

Check out our YouTube:

Edmond Historical Society

<https://www.youtube.com/channel/UCXNxa-51sVZFdzX1ZnKaH3A/featured>

Did you take adorable pictures today?

Share the love with hashtag

#edmondgalleryadventures

